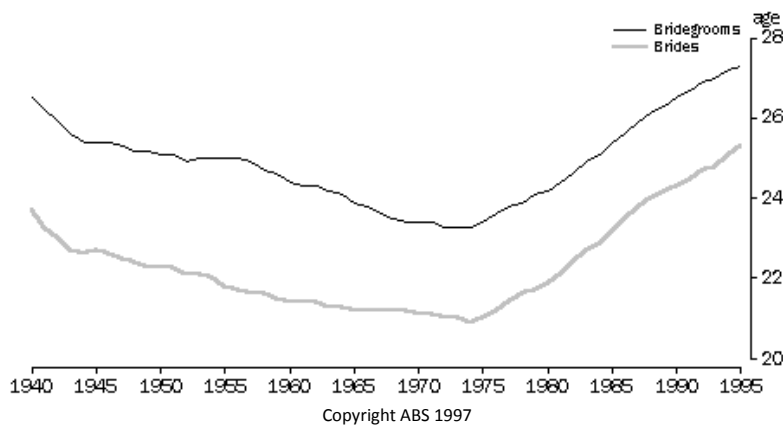


EMERGING ADULTHOOD

INTRODUCTION

- The change **from the 1970s to now** in terms of adulthood was gradual and not noticed.
 - o 1970: Married, caring for child, completed education
 - o Today: Marriage, parenthood and long-term jobs **now in late twenties**
- An **emerging adulthood** is the **time between teenager and adulthood**
 - o Roughly from **age 18 to mid-twenties**

RISE OF EMERGING ADULTHOOD



- Marriage age has **suddenly increased** – meaning there is a **gap between teenagers and adulthood**
 - o Invention of the **birth control pill, sexual revolution** 1960s and 70s
 - o Increased years devoted to **higher education**
 - o Rising power of women's movement – work and education available for women – extra time

WHAT IS EMERGING ADULTHOOD?

- We **explore our identity**, mainly seen through love and work
 - o Love – we focus more in our **own qualities** portrayed by others
 - o Work – we become more interested in **setting up foundations** of our future career
- We are **unstable**, shown in our pathways
 - o We plan a path, then **change our mind** when it is not interesting
 - o We **move from one residence to another** – leaving home, living with roommates
- We are **self-focused**, focusing on ourselves
 - o We get **many more decisions** as we leave home – such as job, education, social decisions
 - o Allows us to learn to **stand alone as a self-sufficient person**
- We feel **in between** childhood and adulthood
 - o There is '**criteria**' to be an adult (responsible, independent, financially independent)
- We get a lot of possibilities – the future remains open